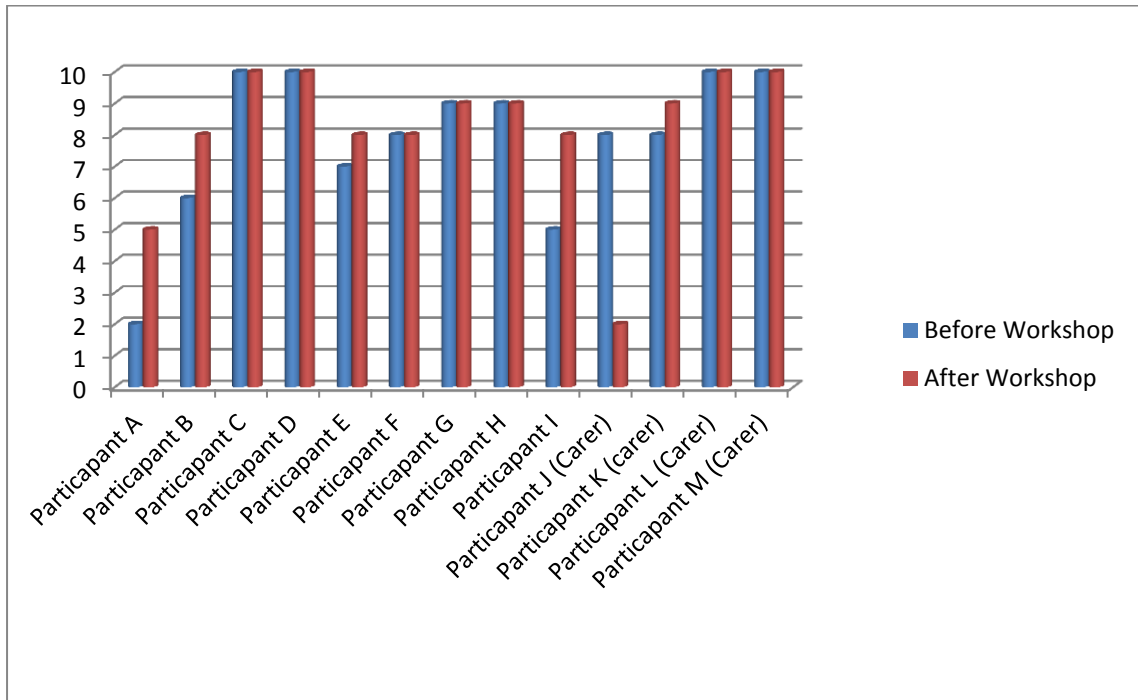


January 2017

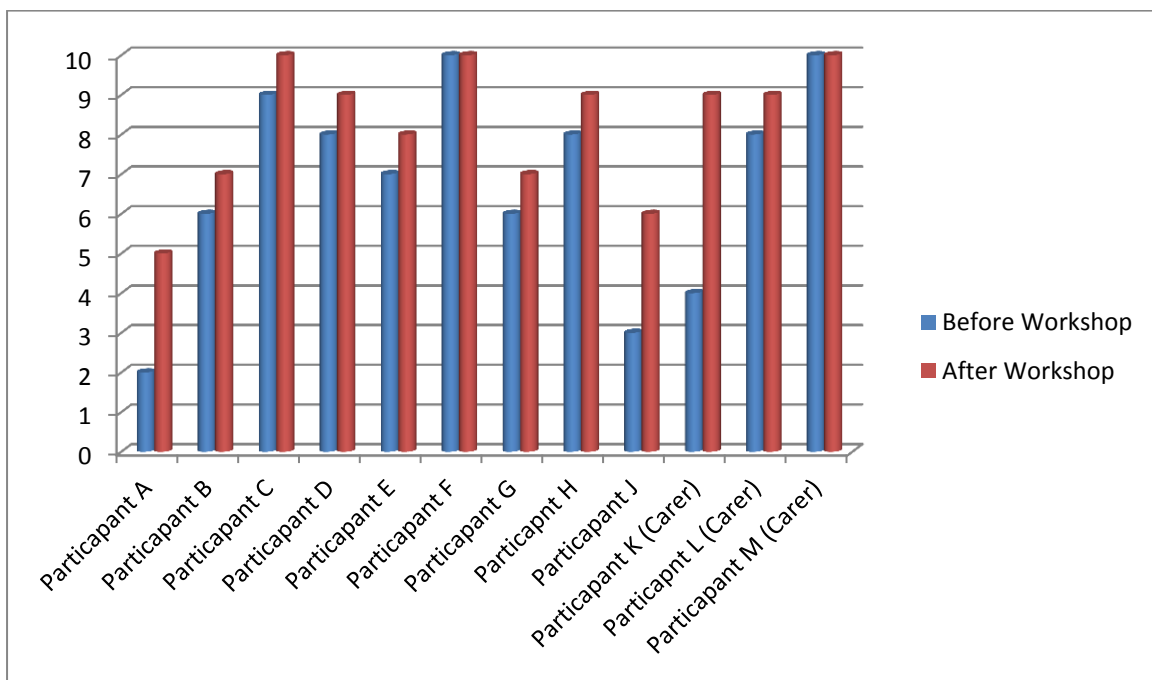
Impact Graphs

Displaying results on individuals questionnaires (Before and after workshops).

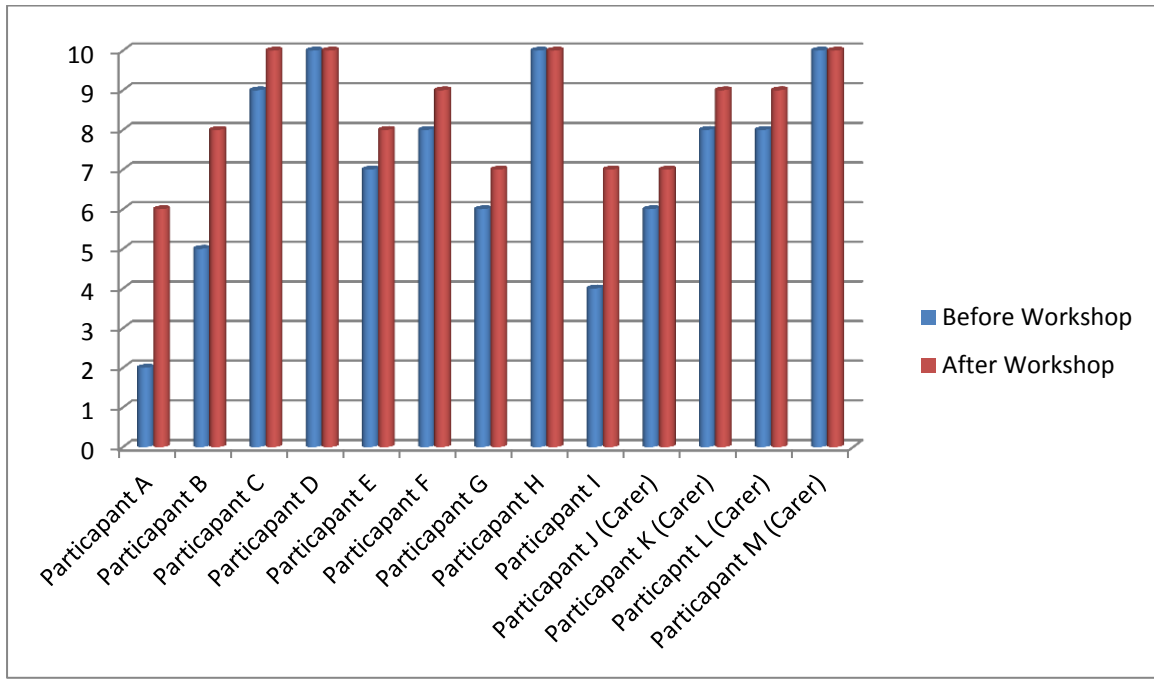
How do you feel? (1=Not very good 10= Very good)



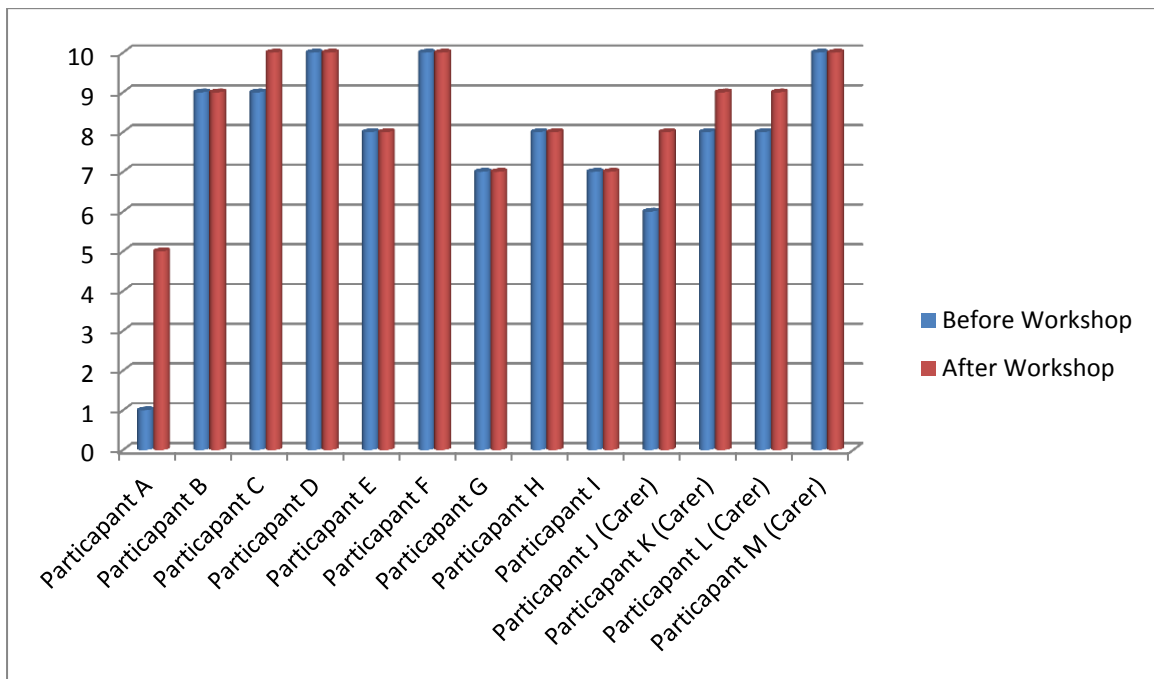
How Confident do you feel? (1= Not very Confident 10= Very Confident)



How relaxed do you feel? (1= Not very Relaxed 10= Very Relaxed)



How frustrated do you feel today? (1= I feel very Frustrated 10= I don't feel Frustrated)



How Isolated do you feel today? (1=Very Isolated 10= Not at all Isolated)

