# #RealGoodFood

Served 12noon-3pm

#### Harissa Falafel Board £7.50 V VG DF GFO

Homemade hummus, spiced falafel, marinated mixed olives, crudités, roasted vegetables and toasted granary.

## **Hungry Ploughman's Board £7.50**

Homemade sausage roll, honey roast ham, cheddar, giant pickled onion, wedge of bloomer, mustard & fruit.

### **Toasted Sandwich Selection**

All served with hand cooked, salted crisps & salad.

## Choice of fillings: £7.50 GFO

Chicken, bacon, cheese & tomato
Ham with cheddar cheese
Tuna mayo with cheddar & sweetcorn
Brie & bacon with cranberry sauce

### Choice of fillings: £6.50

Halloumi, pesto & beef tomatoes V GFO
Hummus & roasted vegetables V VGO GFO DF
Goats cheese & caramelised onion V GFO
NEW Falafel pitta with super seedy slaw V VGO GFO DF

#### **Baked Jacket Potatoes £6**

Served with butter & a dressed salad
Choice of filling:
Cheddar cheese & red onion V GF
Baked beans & cheddar cheese V GF
Cheddar cheese& bacon GF
Tuna mayo & sweetcorn GF
NEW Super seedy coleslaw V VGO GF DFO
Our seedy coleslaw can be vegan friendly - please just ask.

**V** Vegetarian

VG Vegan
VGO Vegan option available
DF Dairy free

**GF Gluten free** 

**GFO** Gluten free option available

If you have any food allergies or intolerances please let the person taking your order know