

Rise & Shine

Served 9am 'til 12 noon

V **Glo** *Mexican Beans*
topped with a Baked Egg £6.00

Smoky Mexican beans topped with a baked egg and pesto, served with toasted bloomer to dip.

V **Dr** **Glo** *Avocado & Poached Egg £5.00*

Chunky avocado on toasted bloomer topped with a poached egg and a splash of tabasco.

Add Dukkah 50p

Gr *Buckwheat Pancake Stack £5.00*

Served with a choice of two toppings:

- Bacon and maple syrup
- V** - Greek yoghurt, berry compote and maple syrup

V **Gr** *Cinnamon & Pecan Granola £4.00*

Greek yoghurt covered with crunchy granola topped with berry compote.

V **Dr** **Gr** *Warming Honey & Cinnamon Porridge £3.95*

Perfect for those cold mornings, choose from regular or soya milk.

V **Glo** *Breakfast Cobs £5.50*

Choose from Cumberland sausage, vegetarian sausage or thick cut bacon.

Free range fried egg £4.50

V **Glo** *Chunky Toast £2.00*

Choose from bloomer or granary toast, with butter.

Add jam or honey 50p

V *Giant Toasted Teacake £2.00*

with butter.

Add:

- Bacon or sausage £2.00
- V** **Gr** - Fried or poached egg £1.00
- V** **Dr** **Gr** - Mexican Beans £1.00

- V** Vegetarian
- Vg** Vegan
- Dr** Dairy free
- Gr** Gluten free
- Glo** Gluten free option

If you have any food allergies or intolerances please let the person taking your order know

#RiseandShine