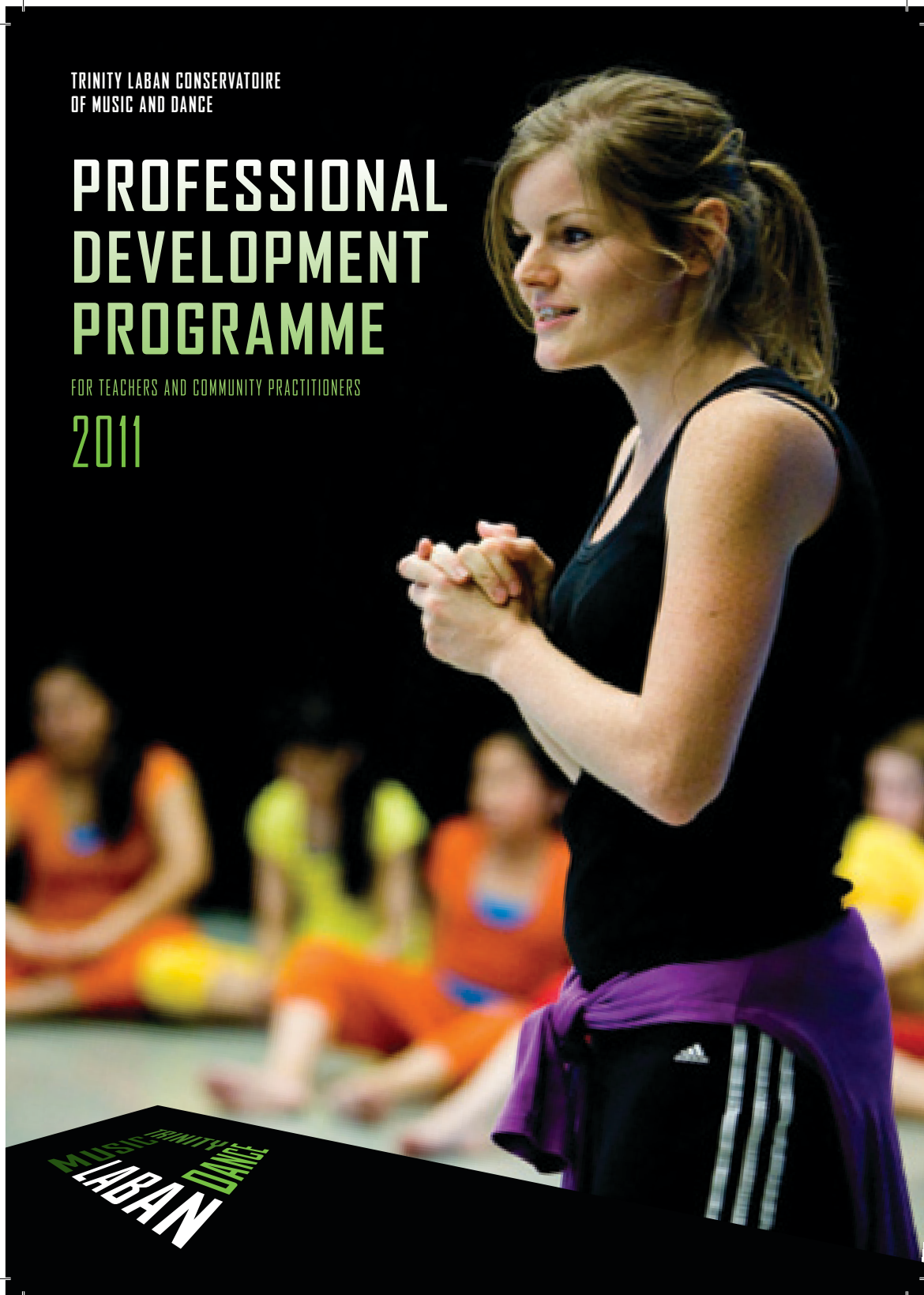


TRINITY LABAN CONSERVATOIRE  
OF MUSIC AND DANCE

# PROFESSIONAL DEVELOPMENT PROGRAMME

FOR TEACHERS AND COMMUNITY PRACTITIONERS

2011



TRINITY LABAN  
MUSIC & DANCE  
LABAN

## PROFESSIONAL DEVELOPMENT PROGRAMME: ONE DAY WORKSHOPS 2011

### TEACHING FOR CREATIVITY - Bim Malcomson

Sat 22 Jan 10–17h

This course will help you to develop young people's creative and choreographic skills. The day focuses on teaching dance to young people aged 11 and above in both schools and informal youth dance settings. It will include discussion of how to teach for creativity as well as practical sessions on how to develop young people's choreographic skills and understanding.

### CHOREOGRAPHY & YOUNG PEOPLE - Stella Howard

Sun 23 Jan 10–17h

Many dance teachers and practitioners are required to choreograph dances for performance as part of a dance syllabus or youth dance event. This practical course will provide you with a range of choreographic skills. The focus will be on exploring the ways in which dances can be structured, developed and prepared for performance with both small and large groups of secondary aged young people.

### TEACHING DANCE IN PRIMARY SCHOOLS: A CREATIVE

APPROACH - Kit Smith Fri 28 Jan 10–17h

This practical course aims to provide new teachers, or those less experienced in leading dance activities in primary schools, with the confidence to deliver fun, accessible and creative dance sessions. The day will focus on developing children's creativity and movement skills in and through dance. Links to the curriculum will be explored and resources including lesson plans and ideas for music will be provided.

### BEHAVIOURAL MANAGEMENT IN THE DANCE WORKSHOP -

Helen Linsell Sat 19 Feb 10–17h

Through both practical dance activities and discussion the day will look at strategies to motivate and contain disaffected and potentially disruptive young people. You will explore ways to deal with provocations and conflict and will be provided with strategies for responding to the challenging behaviours presented by volatile and often vulnerable young people in school and alternative education settings.

### DIVERSE AND INCLUSIVE PRACTICE IN DANCE - Luke Pell

and Joanna Gamper Sun 20 Feb 10–17h

The day will foster your confidence and skills to deliver exciting and challenging dance for disabled

children and young people. It will focus on methods of inclusive practice and at generating creative class content, ideas for adapting and developing class material and strategies for coping with a range of physical and learning needs.

### SAFE AND EFFECTIVE DANCE PRACTICE IN TEACHING -

Edel Quin Sat 21 & Sat 28 May 10–17h

This two-day course will address the safe practice element of the Diploma in Dance Teaching and Learning. It will also cover required knowledge for those wishing to complete the Level 5 Safe and Effective Dance Practice Qualification (Trinity College London). Each day is also available as a standalone CPD training course. An additional half-day workshop is available on 23 June to those who may want to complete the Trinity College London assessment for the qualification.

The context and importance of safe and effective dance teaching will be addressed from a dance science perspective. A practical focus gives examples and explorations on applying principles of safe practice. Day 1 content: warm-up/cool-down; strength (e.g. for lifting); power (e.g. jumping); stamina; and stretching. Injuries and injury management will be considered - who is responsible for what and what are the immediate steps to take if a dancer gets injured in class. Day 2 content: basic anatomy related to body alignment and body structure in respect of the growing child/adolescent; how to manage and identify the effects of the growth spurt in young adolescents; and appropriate nutrition and hydration for dance.

### ASSESSMENT WORKSHOP FOR THE CERTIFICATE IN SAFE AND EFFECTIVE DANCE PRACTICE QUALIFICATION

Thu 23 Jun 14–17h

This half day is for those who wish to complete the Level 5 Safe and Effective Dance Practice Qualification with Trinity College London (TCL). Support and feedback on your draft assessment materials will be offered before you submit them for examination. You should come prepared with questions and sample practical sections of class that you wish to receive feedback on. Note: this is not the assessment session for the qualification. It offers guidance and feedback. You will need to register for assessment with TCL.

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## BIOGRAPHIES

**Joanna Gamper** is an experienced dance practitioner with a specialism in Dance and Disability. She has led projects for the National Autistic Society, and her teaching includes work in Special Needs schools and Laban's weekly Dance Ability classes, courses and INSET. Joanna was Director of Outreach for the Islington Arts Factory and Education Manager for both Jonzi D Productions and Green Candle Dance Company, where she led on their inclusive dance initiatives with young people; including work in hospital settings and with hearing impaired and profoundly disabled children. Currently she is an Education and Community Project Manager at Trinity Laban.

**Stella Howard** is a Dance Practitioner for the Education and Community Programme at Trinity Laban. She has taught extensively in Primary and Secondary Schools, and led a variety of INSET. She teaches for Greenwich Dance, JumpStartMove and was Dancer-in-residence at the Tacchi-Morris Arts Centre, Somerset. Recent projects include directing Laban's Youth Dance Company. Stella has choreographed work for The V&A Museum of Childhood, Blackheath Halls (community Opera and Adult Projects 2009/10), the Purcell Room, Southbank Centre; and The Ballroom and the Olympic Torch ceremony at the Royal Festival Hall.

**Gillian Lenton** is in charge of dance at Weald of Kent Grammar School, and is Head of GCSE and A level Dance at the Royal Academy of Dance. She delivers INSET nationally for a range of organisations particularly for GCSE and A level Dance.

**Helen Linsell** has worked for South East National Dance Agency, Crawley Community Arts, West Sussex Youth Dance Company and Trinity Laban, including primary

Trinity Laban is a leading conservatoire for professional contemporary dance training, promoting life long learning through dance. We continue to be at the forefront of developing undergraduate, graduate and professional level dance practice and research, with a diversity of specialised courses and an unrivalled range of expertise.

We have launched an expanded professional development programme for dance artists, teachers and community dance practitioners which provides relevant, flexible and high quality training. Our programme of one day workshops offers you the opportunity to develop personalised continuing professional development to suit your needs whether you are experienced or new to teaching.

ages, youth dance, boys dance and disability dance. Helen also works at The Academy for Dance United in Yorkshire facilitating contemporary dance projects for young offenders, young people excluded from school and women in prison. Helen has recently undertaken a project in the townships of Cape Town, South Africa and is also involved with Yorkshire Dance developing artist training and development across the county.

**Bim Malcomson** is Artist in Education at the Royal Ballet School where she choreographs large-scale works. At Trinity Laban, she teaches ballet and choreography for the Centre for Advanced Training. As a freelance artist she has toured her own work as well as choreographing for film, theatre and opera.

**Luke Pell** is Head of Learning and Development for Candoco Dance Company - the leading company of disabled and non-disabled dancers. He is a key driver in their research towards a cultural shift around dance and disability in the UK and is involved in the development of national strategies relating to inclusive dance. Extensive experience as a community artist has involved collaboration with innovative, socially engaged artists to bring dance and live art to new audiences in unusual spaces. He also wrote and convenes the Royal Academy of Dance M-Teach (Dance) module 'Inclusive Practice: Disability and SEN'.

**Kit Smith** is a freelance dance practitioner working alongside Trinity Laban's Education and Community Team and The Learning and Access Department at The Place. Kit has extensive experience of teaching dance across the Key Stages and is currently involved with various initiatives to disseminate good practice within the Primary Sector. She was also involved with a project aimed at delivering Key Stage 2 science through dance.

For more extended study, we also offer training for the Diploma in Dance Teaching and Learning (Children and Young People) which is the newly accredited teaching qualification for the community and informal sectors. For further details email [L.Sanders@trinitylaban.ac.uk](mailto:L.Sanders@trinitylaban.ac.uk)



## BOOKING FORM

Please complete in **BLOCK CAPITALS** – Alternatively you can book online at [www.trinitylaban.ac.uk/profdev](http://www.trinitylaban.ac.uk/profdev)

Name: .....

Position/Job title: .....

School/Organisation: .....

Address: .....

Postcode: .....

Phone/Mobile: ..... Email: .....

Please indicate below any medical conditions or access requirements that we need to be aware of:

.....

Please charge my **CREDIT/DEBIT CARD** **OR** enclose a **CHEQUE** for the sum of: £ .....

Please make cheques payable to **Trinity Laban Ltd.**

Card No:

Issue No (Maestro/Switch only):

Start Date:

Expiry Date:

Three digit security code:

Signed: ..... Date: .....

**When completed, please return this form and payment to: Vicci Moore, Education & Community Programme, Laban, Creekside, London SE8 3DZ**

Further information: [professionaldevelopment@trinitylaban.ac.uk](mailto:professionaldevelopment@trinitylaban.ac.uk)

**TEACHING FOR CREATIVITY SATURDAY 22 JANUARY £95**

**CHOREOGRAPHY & YOUNG PEOPLE SUNDAY 23 JANUARY £95**

**TEACHING DANCE IN PRIMARY SCHOOLS: A CREATIVE APPROACH FRIDAY 28 JANUARY, £95**

**BEHAVIOURAL MANAGEMENT IN THE DANCE WORKSHOP SATURDAY 19 FEBRUARY £95**

**DIVERSE AND INCLUSIVE PRACTICE IN DANCE SUNDAY 20 FEBRUARY £95**

**SAFE AND EFFECTIVE DANCE PRACTICE IN TEACHING 21 MAY & 28 MAY DAYS £175**

**ONLY SATURDAY 21 MAY £95**

**ONLY SATURDAY 28 MAY £95**

**ASSESSMENT WORKSHOP FOR THE CERTIFICATE  
IN SAFE AND EFFECTIVE DANCE PRACTICE QUALIFICATION THURSDAY 23 JUNE £25**

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**LABAN, CREEKSIDE, LONDON, UK, SE8 3DZ**

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Please do NOT send cash through the post. The fee is NOT refundable unless the workshop is cancelled by Laban. Laban reserves the right to refuse admission to its classes without prior notice to the participant. Laban reserves the right to substitute the teaching faculty advertised without prior notice to the participant. Laban has a child Protection Policy to ensure the safety of all children we come into contact with. This policy and its codes and conditions can be seen at any time on request. City University London validates Trinity Laban's postgraduate diploma and degree programmes across music and dance, including the Research Degree Programme. Within the validation partnership Trinity Laban is responsible for the delivery and management of the provision and City University for assuring the quality and standards of the programmes. Trinity Laban Conservatoire of Music and Dance is a company limited by guarantee registered in England and Wales Company No. 51090. Registered Charity No. 300998. Laban will use your information for administration purposes and customer services. We will pass your information to our service providers for these purposes and may also keep your information for a reasonable period for administrative and record keeping purposes. As part of the UK legislation, there are certain requirements under the Data Protection Act 1998 to which Companies must adhere. The Data Protection legislation is there to protect you against any misuse of your personal information. It also gives you the right to know how we use your information and to whom it is disclosed. Photography: Rachel Cherry.